



Start at Takapuna Grammar at 9am  
 Exit school onto Winscombe Road  
 Turn right down Lake Road  
 Turn right down Clifton Road  
 Go onto Takapuna Beach  
 Go onto the Promenade  
 Right onto Alison Road  
 Left onto Earnoch Ave  
 Right onto Hurstmere Road  
 Right into Tiri Road  
 Go onto Milford beach  
 Follow this until Milford Reserve