

## Eleven Active Movement Ideas with a Scarf!

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1. Scarf Tag – each child have a scarf tucked down the back of their pants pair the children off and they must try and get the scarf from the other child's pants. Throw the scarf up into the air and the child must try and catch on different body parts.
2. Use as a prop when children are dancing or moving like different things, for example have children sway like a lite breeze or move quickly like a strong wind.
3. Magic scarf – get the children to move to a scarf after dancing or moving around to music when it stops. At this point magic scarves make the children freeze in different positions on different coloured scarfs. Eg Green Scarf – Like a lion, Blue Scarf – Like a giraffe
4. Scarf Stamp in Locomotion – Ask the children to get into pairs and one of them put a scarf into the edge of their sock or shoe. They then have to run away and the other chases them and tries to stand on the scarf. When the scarf has been stood on, the second child puts it in their sock and runs away to be chased.
5. Throw a scarf with a bean bag in the middle of it up into the air try and catch both the scarf and bean bag as the will fall at different rates.
6. Scarf Toss – Ask two children to hold the edge of the large scarf and place a soft ball or toy in the middle – the children have to move scarf up and down to get the ball to fly and land.
7. Random scarf catching in locomotion – In pairs, ask one child to move away from the other and randomly throw the scarf in any direction. The second child has to catch it before it hits the ground and then takes off to do the same. Suggest to the children that they throw it high, low, to the side or behind or in front.
8. Scarf Treasure Hunt - Hide scarfs around the room, field or playground – the children have to run around the area and collect as many of them as possible. Also try and match the scarf colours to the environment to make it a challenge. This activity can also be done with the children dribbling a ball with their feet around to find the objects.
9. Scarf Hoop Twist – Throw the scarf into the air and pass it through the hoop as many times as possible before it hits the floor.
10. Scarf Hoop catch – Throw the scarf into the air and catch it on the edge of a hoop.
11. Hoop Chain – Ask the children to stand in a row along a line either holding hands or holding a **SCARF** between 2 of them. Put a hoop in the hand of the last child. The aim of the game is to get the hoop from one end to the other without breaking the chain. Try having two groups of children doing it to see who can do it fastest. To make it harder stand the children on a plank with tyres underneath.