

Sport and Recreation News

November 2010

Going From Strength to Strength

As the end of the year grows closer we thought it was time to reflect on the activities of our collective this year and celebrate all the ways we have encouraged our community to be more active.



New Name

Our community collective began out of the Push Play Neighbourhood project and up until this point we have been known as the Warkworth and Districts Push Play Collective Inc. However as our group has become more established and clearer in our direction we have decided to rename ourselves. We have chosen to call our group Mahurangi Community Sport and Recreation Inc. We believe this name reflects our commitment to work with both organized sport and active recreational activities with all age groups in our community. It also reflects the national movement away from the phrase "Push Play". We do hope that the core message of Push Play - that being everyone can be active in many different ways on most days of the week will still be maintained by our collective and our community. "30 Minutes A Day" is still a great motto to live our lives by. Over the next few months we will be updating our email and website addresses accordingly but in the meantime our existing ones will still be active.

Mahurangi Community Sport

By attracting Kivisport funding to the region and working with all the local schools as well as the Rugby and athletics clubs we have had a great year getting more children involved in sport. Our Community Sports Coach Simon Mills is in all the schools every week coaching children in a range of activities. Simon's skills and experience in coaching have meant that even the basics such as running, jumping and throwing can be experienced in a way that is new and heaps of fun for the kids. We have also had some great out of school sports modules which have cost no more than a gold coin donation each week. Approximately 80 children attended our Monday Dodgeball module each week and now Simon is working with Athletics club nights and club numbers have increased considerably from last year.

If you are currently a coach whether it is for a school team or a summer sport and would like any support or assistance at all we can help provide technical information, advice on coaching techniques or just a bit of encouragement to help with motivation. Or if we can't help you we can point you in the direction of someone who can. Call Bridget 425 6649 or email: warkworthpushplay@gmail.com

RDC Funding

In the latest round of RDC grants we have been lucky enough to receive some funding to continue with a coordinator role attached to the collective. Our secretary/coordinator Bridget Farmiloe will continue to keep our collective on track, organize events, and provide information to the community. See later in this newsletter how we may be able to work with your organization. Keep your eye out for information on a community "Tryathlon" and other community walking and running events in 2011.

Facilities Sub Committee

Led by Ruth Mills this sub committee has been investigating the options for improving facilities for our community. Ruth has led the way in visiting facilities throughout the country to look at models of what works and what doesn't and what might be possible for us. We will need the community and the new Auckland Council to support us with our facilities project. If you are passionate about better sports fields, club rooms or the possibility of one day having a pool or aquatics centre, email us and we will suggest ways you can show your support.

Website, Noticeboard and Promotional Ideas

We are trying to build up our website and maximize its usefulness to the community. We would love to promote local clubs, have links to your club websites, publicise registration dates and so much more. Every school holidays we will be producing a calendar of school holiday programmes. Email us if you would like to receive our newsletters and calendars electronically – we promise we will not bombard you with unwanted emails too often! If you do not want to be emailed – check out the website for all the great information.

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Some Recent Activities From Our Organisation

Family Fun Relay

The Warkworth Athletics Club recently held their first Family Fun Relay with approx 80 people taking part. This was a great way to get the whole family involved in a running event without anyone having to run too far! Our collective is supporting and encouraging clubs in our community to run events and create heaps of options for low cost fun locally.



Active Family Picnic and Dog Show

Combining with the annual Kowhai Festival children's dog show, we were able to run an Active Family Picnic on October 2nd. We were lucky enough to have support from Westforce Credit Union who turned up on the day with heaps of activities to do and a great selection of prizes. Highlights from that day were using Lucy Moore Park (which is a fantastic park), having heaps of fun for very little cost to families, and having activities that the whole family could take part in together.



Dodgeball

Every Monday for 6 weeks about 60 to 80 children and their parents came to Warkworth Primary School after school and threw balls at each other and had a great time doing it. Our first Dodgeball module was heaps of fun as school teams battled away and then parents joined in for a go. Dodgeball seems like a pretty simple game but it was clear over the 6 weeks that everyone improved throwing and catching skills (great for netball, shotput, basketball etc) practiced dodging, weaving and moving around the play area (great skills for soccer, rugby, touch etc) and worked out great team and individual strategies for survival (great for all sports). Plans are to run this great activity again in 2011 and maybe even try a version just for adults.....

Coaching Workshop

Tony Mordaunt, Coaching Manager from Harbour Sport recently ran a workshop on coaching ideas and techniques. Everyone who attended said it was great. Contact us if you would be keen to attend another workshop like this.

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Some Activities Coming Up

Athletics

Athletics season is underway but it is not too late to get involved, particularly if you have a child under 7. Email the athletics club to register your interest. Athletics for under 7s is only \$20 for two terms of activities. Great value and a great way for children to develop basic skills transferrable to every sport.

Casual Tennis Morning

If you want to bring preschoolers and enjoy a morning of casual tennis or you just want to play tennis for one morning a week, come along to the Mahurangi East Tennis Club at Snells Beach. You don't have to have children but you need to be "child friendly". Gold coin each week goes to the club. Stay for tea, coffee and conversation afterwards. Thursdays 9.30 – 11.00.

Women's Walking Group

If you are a woman and interested in being part of the group, contact the Womens Centre on 425 7261 or email warkworthpushplay@gmail.com. The group will leave from the Women's Centre on Alnwick St and return there for a cup of tea afterwards. At this stage it is possible to run the group on either Tuesday or Wednesday mornings. We need at least two keen people to get the group going.

Holiday Programme Calendar

Are you going to be running a school holiday programme or activity during the summer holidays? Email the details to us and we will include your activity in our school holiday calendar which will be available throughout the district in hard copy and electronic formats and on our website.

Free Funding and Sponsorship Workshop For Community Groups and Clubs

Monday 29th November @ 6.30pm, Wellsford RSA, Matheson Road (Down Station Road - next to MOBIL -RSA at the end on Left – opposite Heritage Rest Home). **Please RSVP your interest to Julie: 423 6082/ Julie@ctcpho.co.nz**

6.30pm – 7pm: Funding Application Workshop

The workshop will cover general information about:

- How to identify potential funding organisations
- How to prepare for your application
- How to make an application
- How to submit your report – should you be successful in receiving funding

7.15pm – 9.00pm: Sponsorship & Revenue Workshop

Delivered by Ricki Burgess - Sport Capability Manager - Harbour Sport

Attracting funding through sponsorship

- How to prepare
- Who to Approach
- How to present
- Sponsorship relationships

Community Fun Run/Walk 2011

Matakana Primary School PTA are planning a community fun run for March 2011. 5km and 10km options. Keep March 27th free and watch out for more information. Why not start training now???

Inspiration.....

"I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something I can do." ~ Edward Everett Hale



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