

BEACH HAVEN and SHEPHERDS PARK

[As at Jan 09]

Shepherds Park is a wonderful introductory walking area with a number of easy tracks to explore plus an easy to moderate coastal walk round the headland. The first section of this walk from the Soccer Club right out to the headland is very suitable for pushchairs and wheelchairs.

Use the **MELBA ST** entrance to **SHEPHERDS PARK** and park up to the left of the **SOCCER CLUB** - toilets and ample parking available.

Allow about an hour, 6000 steps, 5 Kms. Allow another 15 – 20 minutes for extended walk.

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START From the parking area to the left of the **Soccer Club** take the concrete path across to the other side of the playing field. Turn right and continue on the level concrete path to the sign **Oruama Landing**, veer left into the bush and then right into a well formed and level bush track.

!! **About 30m along** detour to the left to check out two information pavilions then return to the level track and follow it right out to the headland. [From here on the track varies from even and level to up and down as it follows the coastline.]

!! Take the path to the right and follow this coastal track around to a major track junction (a coastal track and a set of steps to the right)

!! Continue on the left hand coastal track down a dip and back up again and follow this coastline track up and down all the way round to **Beach Haven Rd**.

!! Turn right into **Beach Haven Rd** and walk up to the roundabout at **Lancaster Rd** Turn right into **Lancaster** then left into **Melba St** and walk along back into the entry to **Shepherds Park**.

To extend the walk and check out the rest of the coastal track:

- **Just inside the park turn right and take the steps back down to the Coastal Walkway.** Turn left into the walkway and keep on this coastal track round past the headland and a number of small tracks down to the water until the track finally meets a gravel road.
- Turn left up this road and walk back to the Information pavilions and then retrace your steps across the park back to the start. Note that there is a lot of work being done in this area and tracks may be extended.

Disclaimer:

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