

# Sporting opportunities for Workplaces



**East Coast Bays Leisure Centre** Bute Road, Browns Bay

**Contact:** Phone: (09) 444 6340 (ext. 6)

**Visit:** [www.northshorecity.govt.nz/Northshoreleisure/](http://www.northshorecity.govt.nz/Northshoreleisure/)

## Indoor soccer five-a-side

Sessions start at 5.30pm on Wednesdays. 1 game 30 minutes.

**Fees:** 8 weeks \$301 per team.

## Indoor Netball seven-a-side (mixed)

Sessions start at 5.30pm on Mondays and Thursdays. 1 game 30 minutes (2 x 13 minutes).

**Fees:** 8 weeks \$301 per team.

**ActivZone** 30 Downing Street, Glenfield

**Contact:** (09) 444 6340 (ext. 3)

**Visit:** [www.northshorecity.govt.nz/Northshoreleisure/](http://www.northshorecity.govt.nz/Northshoreleisure/)

## Hockey Scrimmage

Social or 6-a-side available. Thursday evenings from 7pm - 9pm. Runs throughout the year. No registration required.

**Fees:** \$8 per person.

**Beachaven Sports Centre** Cresta Avenue, Beach Haven

**Contact:** (09) 444 6340 (ext 7).

**Visit:** [www.northshorecity.govt.nz/Northshoreleisure/](http://www.northshorecity.govt.nz/Northshoreleisure/)

## Squash

Friday Night Squash from 7.00pm - 9.00pm. 15-minute games. For all players of all levels and abilities. No partners required.

**Fees:** \$10 pp for non-members, \$5 pp for members.

**YMCA (Northcote) 5 Akoranga Drive, Northcote**

**Contact:** 09 480 7099 (ext 7) or [y-sports.northshore@nymca.com](mailto:y-sports.northshore@nymca.com)

**Visit:** [www.ymcauckland.org.nz](http://www.ymcauckland.org.nz)



## Women's Basketball

Monday 9.30am-11.30am. **Fees:** \$3 a time

## Women's Netball

Thursday 9.30am -11.30am. **Fees:** \$3 a time.

## Indoor Soccer League

Monday, Tuesday, Wednesday and Sunday evenings 6.30pm - 9.30pm. Starts in Feb, May, July and Sept 2012

**Fees:** 10 weeks \$470 per team.

**Freedom Sport 42B Howard Rd, North Shore City**

**Contact:** Paul on 021752772 or [info@freedomsport.co.nz](mailto:info@freedomsport.co.nz)

**Visit:** [www.freedomsport.co.nz](http://www.freedomsport.co.nz)

## Outdoor/Indoor soccer (5 a side)

Soccer leagues are made up of 10 -12 teams and run on week nights for 12 weeks.

Games are 5 a side and 2 x 24 minutes.

**Fees:** \$400 - \$525 depending on tournament.

Registration and payment in advance is required via [www.freedomsport.co.nz](http://www.freedomsport.co.nz).

Next tournament is at Takapuna Grammar School on Thursday nights starting in February 2012.

**The Leisure Centre (Hibiscus Coast) 159 Brightside Road, Stanmore Bay**



**Contact:** (09) 4241914 or [Rodney.leisure@aucklandcouncil.govt.nz](mailto:Rodney.leisure@aucklandcouncil.govt.nz)

**Visit:** [www.theleisurecentre.co.nz/](http://www.theleisurecentre.co.nz/)

### **Mixed Netball League**

Monday 6-9pm. Runs in the school terms. 7 a side teams but can have more than 7 players. Limit of 3 men on the court at once.

**Fees:** Register and pay in advance. \$5.50 per person per game.

### **Mixed Basketball League**

Wednesday 6.15pm - 9pm. 5 a side teams but can have more than 5 players.

**Fees:** Register and pay in advance. \$5.50 per person per game.

### **Mixed Squash teams**

Tuesday 6.00pm - 9.00pm.

**Fees:** Register and pay in advance. \$5.50 per person per game.

### **Racquet Rally**

Thursday 7.00pm -9.30pm. Individual sport.

**Fees:** \$7.50 each.

**AMI Netball Centre** 44 Northcote Rd, Takapuna

**Contact:** (09) 481 0022

**Visit:** [www.netballnorthharbour.co.nz](http://www.netballnorthharbour.co.nz)



### **2012 Social netball twilight competition**

6 week block netball competition on Wednesday nights 7.00pm - 9.15pm. Mainly played outdoors. Teams are graded. All teams must supply their own umpire, bibs and balls.

Mixed (4 women, 3 men on court), Open Women's, U20's competitions. Register Online.

**Fees:** 6 weeks \$305 per team.

### **2012 Ladies Day Social Netball**

Ladies Netball played Indoors, Wednesday 10.00am - 12.00pm. All teams must supply their own umpire, bibs and balls. Register Online.

**Fees:** 8 weeks \$350 per team

**Contact:** Gail on (09) 418 0946 or [gail@netballnorthharbour.co.nz](mailto:gail@netballnorthharbour.co.nz)

**Visit:** [www.netballnorthharbour.co.nz](http://www.netballnorthharbour.co.nz)

## V ball

5 Aside Game on Tuesday at 7.00pm. Faster paced, fun, fitness orientated. Seamless substitutions. Suitable for all levels. Mixed teams (Max. 3 men at one time).

**Fees:** 8 weeks \$350 per team, \$10 casual entry each week per person or \$70 concession card per person for 8 weeks of play.

**AUT Sport and Fitness Centre** 90 Akoranga Drive, Northcote

**Contact:** 09 921 9747

**Visit:** <http://www.aut.ac.nz/study-at-aut/study-areas/sport--and--recreation/aut-sport-and-fitness-centres/aut-sport-and-fitness-north-shore/merchandise>



## North Harbour Social to Semi-Competitive Volleyball League

Every Wednesday from 6.45pm. Indoor volleyball league for social to semi-competitive mixed 6-a-side teams. 45min games with up to 4 reserves.

**Fees:** 10 weeks \$310 per team.

## Badminton

Tuesday nights from 5.30pm - 7.00pm. No organised league, just come and have a go.

**Fees:** \$6 per person, \$3 for Gym Members. Use of rackets and shuttles (plastic) is included in the fee but limited gear available so encouraged to bring own. Feathered shuttles are \$2.50 each.

**North Harbour Indoor Sports** 12/14 Kaimahi Rd, Wairau Valley

**Contact:** (09) 444 4900 or [nhis@xtra.co.nz](mailto:nhis@xtra.co.nz)

**Visit:** [www.nhis.co.nz](http://www.nhis.co.nz)



## Indoor Cricket

Wednesday games are 8-a-side eight ball over competitions; Sunday games are 6-a-side six ball over competitions. Grades to suit all skill levels and age groups.

**Fees:** Wednesday \$92 per team per game, Sunday \$54 per team per game.

## Indoor Netball

Mixed Indoor Netball is played on Monday, Tuesday, Wednesday, Thursday, Friday and Sunday. It is graded to suit all skill levels and age groups. Ladies only competitions are run on Monday & Thursday nights.

**Fees:** Monday - Thursday \$60 per team per game, Friday - Sunday \$42 per team per game

### Dodgeball

Tuesday nights from January 2012. 6 Players per team with up to 4 subs.

**Fees:** \$60 per team per game

### Men's Indoor Soccer

Single Court Soccer - 5 a side with up to 5 roll-on-roll-off substitutes. This game is normally very fast as the nets prevent the ball from leaving the court. Thursday nights, games are played in 15 minute halves.

For all Sports please register your team online.

**Planet Sports 57 View Road, Glenfield**

**Contact:** (09) 444 2311 or [teams@planetsports.co.nz](mailto:teams@planetsports.co.nz)

**Visit:** [www.planetsports.co.nz](http://www.planetsports.co.nz)

### Indoor Netball (mixed)

Mixed Netball is available Mon - Thurs. The competition consists of approximately sixteen weeks round robin and two weeks of playoffs. 35 minutes long (four quarters of eight minutes).

**Fees:** \$60 per team per game.

### Indoor Soccer

5 a side on Tuesday and Thursday evenings. All mixed teams must have at least one female player. Games are 35 minutes long (4 x 8 minutes).

**Fees:** \$50 per team per game.

### Indoor Cricket

Monday, Wednesday and Thursday. The competition consists of sixteen weeks round robin and one week of Finals. Games are generally 70 minutes long.

**Fees:** \$96 per team per game.

## Harbour Basketball Silverfeild Lane, Glenfield

**Contact:** (09) 4433854

**Visit:** [www.harbourbasketball.co.nz](http://www.harbourbasketball.co.nz)

### Mixed Basketball League

Monday Nights for 12 weeks, 40 minute games (2 x 16 half's). Minimum - 2 of each gender on the court at all times. Games played at AUT or North Shore Event Centre. Starting date in 2012 to be confirmed.

**Fees:** \$695 per team for 12 weeks.

## Touch North Harbour Marist Grounds, Albany

**Contact:** (09) 448 0304 or [admin@touchnorthharbour.co.nz](mailto:admin@touchnorthharbour.co.nz)

**Visit:** [www.touchnorthharbour.co.nz](http://www.touchnorthharbour.co.nz)

Competitions in 2012 to be confirmed.

## Harbour Volleyball 65 Maxwelton Drive, Mairangi Bay



**Contact:** 021522966 or

[admin@harbourvolleyball.org.nz](mailto:admin@harbourvolleyball.org.nz)

**Visit:** [www.harbourvolleyball.org.nz](http://www.harbourvolleyball.org.nz)

### Mixed Beach Volleyball Competition

Tuesday and Wednesday Evening 6.00pm - 9.00pm. 4 a side teams, at least one female per team. 2 weeks of grading, 6-weeks round robin & 2 weeks semis/finals.

**Fees:** 10 weeks \$300 per team.

### Mixed Indoor Volleyball Competition

Social and Competitive on Wednesday night, 7.00pm - 9.30 pm.

**Fees:** 10 weeks \$310 per team

## Helensville Tu Tangi Ora

**Contact:** For additional information contact:

Mihi Blair: ph 09 420 7992/ 021 464 289

**Touch Rugby**